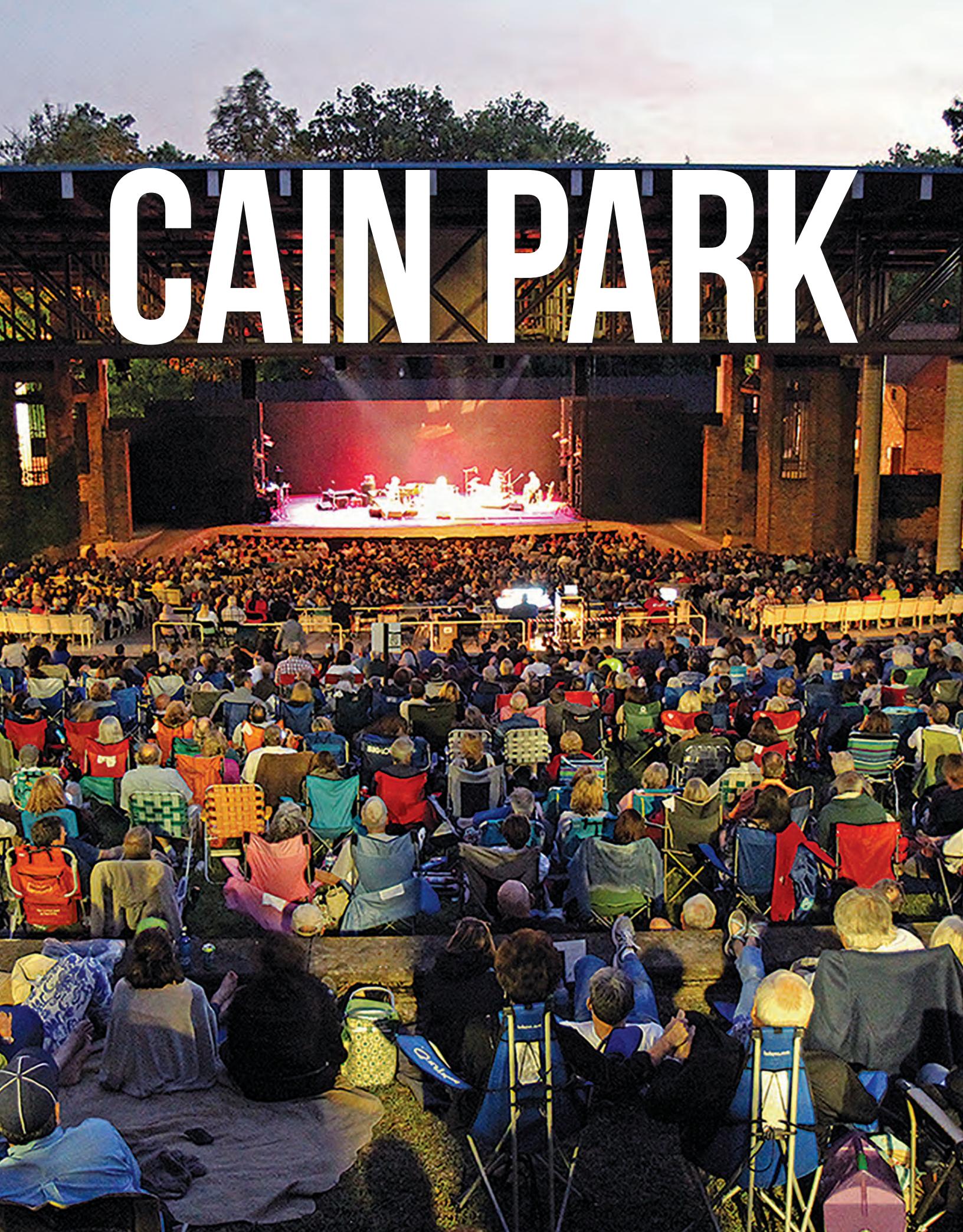


FOCUS

SUMMER 2023



CAIN PARK

A wide-angle photograph of an outdoor concert at Cain Park. In the foreground, a large crowd of people is seated in rows of lawn chairs, facing a stage. The stage is illuminated with warm, reddish-orange lights and features a band performing. The background shows the rustic, weathered wooden structures of the park's architecture. The sky is overcast with a mix of blue and grey clouds.

RICHARD MARX & YACHT ROCK REVUE



AUG 11 EVANS
AMPHITHEATER

DOORS OPEN @7
CAINPARK.COM

Joss Stone

20 YEARS OF SOUL

A photograph of Joss Stone. She is wearing a shiny, sequined black dress and has blonde hair. She is looking down at her guitar. The background is dark with some stage lights.

AUG 22 EVANS
AMPHITHEATER

DOORS OPEN @7
CAINPARK.COM

AN EVENING WITH GEORGE BENSON

AUG 25 EVANS
AMPHITHEATER



DOORS OPEN @7
CAINPARK.COM

ANNE COCHRAN

JULY 21 EVANS
AMPHITHEATER



DOORS OPEN @7
CAINPARK.COM

A message from Mayor Seren



In my last letter, I touched briefly on the progress we have made since transitioning to a new form of government and what FOCUS might achieve for our community in this new context.

We received some great feedback on the first issue since the refresh and what we heard consistently was an appreciation for how informative the pieces were. With that in mind, we opted to cover topics with greater depth to ensure we are communicating effectively about what is important to you.

While some residents may simply affirm their knowledge by reviewing these pages, others are less familiar with all that our city has to offer, which is something we would like to change. We have pieces about confronting what divides us to better tackle our issues together, where to turn when you need answers, and an overview of how we achieved some of that progress I keep referencing.

The work I do as your Mayor relies upon approvals that come from the seven member legislative body. We are partners in the work of improving our city and our city's government, and so I believe it is critically important to have an understanding of what drives your Council's leadership by hearing from them directly. You will find that here.

That is what FOCUS is supposed to be: a window into your government, a new perspective on our neighborhoods and our city, and a way for all of us to stay informed and connected.

Welcome Home,

Kahlil Seren, Mayor of Cleveland Heights



YOU'RE INVITED TO

PRIDE

IN THE PARK

JUNE 24TH @ NOON

DRAG STORY HOUR
MUSIC & MORE



contents



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Memorial Day Tribute

Mayor Kahlil Seren opened Cleveland Heights' 2023 Memorial Day ceremony at the Veterans Memorial in Cumberland Park, saying, "Today we celebrate, and we mourn those who gave everything in service to an ideal, an ideal of America that deserves celebrating. We also mourn today for the lives lost."

An honor guard comprised of local Boy Scout Troop #403, Cleveland Heights Police Department, and Fire Department Color Guard raised the flag and led the assembled in reciting the Pledge of Allegiance. As is Cleveland Heights tradition, local Eagle Scouts laid a wreath at the Memorial, followed by Luis Clebsch playing "Taps" on trumpet.

Council President Melody Joy Hart and Councilor Gail Larson shared stories about their relatives' experiences in the armed forces. Laureen Ahyi, a Junior at Beaumont School read her winning essay, which included the lines:

"As we celebrate Memorial Day this year, we must remember the ultimate sacrifice made by those who have laid down their lives in service to their country. It is not enough to simply pay lip service to the memory of these brave men and women. We must actively work to honor their legacy by cherishing the freedoms they fought to protect."

Two Cleveland Heights residents who served in the military, Larry Nowak and John Batali, addressed those in attendance. The Lutheran East Gospel Choir, who opened the event by singing the National Anthem, closed the ceremony with *God Bless America*. The Cleveland Heights All-Generations Band then entertained the assembled with a program of patriotic songs as they sat beneath the shade of the park's trees.







Cleveland Heights Police Academy

“We’re focused on developing good police officers, not just for our department, but also for other agencies,”

- Academy Commander Sergeant Lasker

The Chief Martin G. Lentz Police Academy was closed for two and a half years due to the pandemic, but the growing need for more police officers helped drive its reopening in January this year.

Police agencies nationwide and in Northeast Ohio are facing a staffing challenge. According to the Police Executive Research Forum, while police hiring has picked back up since the beginning of the pandemic, “Agencies

are losing officers faster than they can hire new ones, so total sworn staffing has continued to decline.”

Now in its 50th year, the Police Academy is one of only a handful that boast affiliation with a police department instead of an institution of higher learning. Since it received its commission from the State of Ohio in 1973, the Cleveland Heights Police Academy has trained more than 5,000 officers who serve in more than 130 police departments across the country. Academy

graduates also work in federal agencies, including the FBI, the DEA, Customs and Border Patrol, and the U.S. Marshals Service.

Earlier this month, the new class of fifteen cadets completed a rigorous six-month training course that exceeds the requirements of the Ohio Police Officer Training Commission (OPOTC). The core priorities of the Academy's curriculum are physical training, subject control, and crisis intervention. But Lasker and his colleagues have enhanced the training course in several ways. The Academy's firearms curriculum exceeds the OPOTC's requirements, and cadets are trained in leadership readiness. "Each cadet needs to understand being a leader, what it means to worry about a team as a whole and not just focus on themselves," Lasker said.

Cadets receive crisis intervention training and receive significant instruction in conflict de-escalation - a critically important skill in modern policing. "We aren't just training cadets to pass a test to become a police officer," Lasker said. "We're preparing them for their first day on the job."

The Cleveland Heights Police Academy is recruiting new cadets for the class beginning in July and will enroll a new class every six months. If you, or anyone you know, might be interested in serving the community in law enforcement, the Academy is a great place to start - scan the QR to learn more.



First Thursday - Police Academy 2595 Noble Rd.

Third Thursday - Police Department, City Hall



*Every 1st and 3rd
Thursday evening of each month
6:00 to 8:00 pm*

**MEET YOUR
POLICE**





President Melody Joy Hart & Vice President Craig Cobb

Partnership. Stewardship. And knowing your role.



Melody Joy Hart and Craig Cobb served on Cleveland Heights City Council prior to the 2022 change in government. In 2022, their Council colleagues selected them to serve two-year leadership terms.

If Council leadership in this new era came down to a single phrase it would be *Never Stop Communicating*. This team has the professional chops, no question; but it's their dedication to civic engagement and service that makes them the type of accessible and driven legislators Cleveland Heights needs now.

Cleveland Heights is larger, more diverse, and faces transition-related challenges in a post-pandemic paradigm; as a result surrounding suburbs can offer little by way of example, having been comfortably situated in a strong mayor-strong council form of government for decades. Not everyone agrees with the “strong” nomenclature, more on that later, for now it’s time to Meet Your Council Leadership.

Living in Cleveland Heights for a cumulative total of 30 years, Vice President Cobb has been an attorney for over 40 years and recently retired from managing a legal office for a major insurance company. He has served on numerous boards and commissions during that time and was the first chairman of the City of Cleveland’s Civilian Police Review Board. Mr. Cobb has served as a Cleveland Municipal Court Judge as well as an Assistant Law Director for the City of Cleveland under Mayor George Voinovich. TL;DR Cobb is over-qualified, respected, well-liked, and we are lucky to have him.

“I recognize that nothing comes easy - without hard work and a desire to continuously improve personally and professionally.” - CC

President Melody Joy Hart, also retired, worked for more than 35 years in accounting and finance. She earned her CPA, is certified in Treasury (CTP), and Financial Planning and Analysis (FPAC). Hart worked in mostly executive positions with Fortune 500 companies, “In business, I managed people and projects which often required the cooperation of other departments, third parties and other entities. I built my career by being able to organize, manage, and influence others to accomplish common goals.” Hart has lived in Cleveland Heights for nearly 20 years, she says “it feels like home”.

“I have always been a driven, ambitious person. I like to get things done. Giving up has not been part of my psyche. It is important to keep moving forward and improving what you touch.” - MJH

We asked the Vice President and President to describe the City’s executive and legislative branches in their own words:

“Cleveland Heights is a municipal corporation and our Mayor is the chief executive with broad authority over City operations; authority over the maintenance and upkeep of City owned land and buildings; and, authority over the various City departments and employees including police and fire. Council is a legislative body



charged with passing laws and ordinances that govern the City; approving the budget and significant expenditures; approval of contracts over more than a modest amount; and approval of some Mayoral appointments like the City Administrator, Law Director, Finance Director and Planning Director.” -Craig Cobb

“The role of the administration is to run the city. The mayor is the CEO of the city and all departments report to him. So he is ultimately responsible that snow is plowed, garbage is picked up, the police ensure safety, and all the basics of running the city. He is also responsible for having a vision for the city’s future and executing that vision through economic development and other initiatives. It is the administration’s responsibility to respond to resident inquiries and problems. The Council is legislative. We review, question, and pass a budget. We vote on the administration’s legislation, but can also bring legislation forward ourselves. Although we cannot personally fix issues of residents, we can hear their concerns and bring legislation forward or can advocate with the administration on their behalf.” -Melody Joy Hart

Both Hart and Cobb have made the kind of upfront investment a fledgling government needs. President Hart says that serving as president is “pretty much full time at this point. I certainly give up a number of nights – not just for council meetings, but also committees, budget, creating and reviewing the legislative agenda, etc. I have frequent meetings and calls from residents, from council members, from the administration, and with the leadership team, etc. in addition to attending community events, which is very important to me. I want the community to know how important they are. I wish residents knew more about each other’s neighborhoods and the issues they face. My inspiration comes from the community. When I travel through the community, I see issues and I hear about issues from friends, business owners, and residents which provide inspiration for legislation or programs for which to advocate.”



Vice President Cobb spoke to the changing nature of his assignment, “The time spent can vary so much week to week depending upon the frequency of Council and Committee meetings, community events and meetings, and ‘hot button’ topics or issues that lead to an increase in the volume of resident phone calls and emails. I attend meetings both during the day and night and there are frequent community events on the weekends that I feel I need to attend to be better in touch with our residents.” And the unexpected changes specific to his leadership role, “prior Council vice presidents served primarily in a ceremonial role limited to filling in at Monday evening Council meetings when the Council president was not available. When I first started as vice president, I thought that tradition would continue. However, Council President Hart has elevated the vice president role to a more substantive one with us conferring frequently on a variety of important issues. Having a broad base of knowledge along with being a good listener, having empathy, self-awareness and common sense are those traits and qualities that I rely on most in my role as

Vice President of Council.”

Giving back: When it comes to service, both Hart and Cobb credit their families with influencing them early on, Cobb’s parents “were born in the 20’s and notwithstanding the challenges of discrimination never allowed that to be an excuse. Instead, they believed that through education and hard work you could still achieve the American dream. They also believed that if you were fortunate enough to have the opportunity to be of service to others, you had an obligation to do so.” Hart adds, “My husband has also always been an inspiration to me with his 40+ years as a lawyer doing civil rights work.”

“Giving back and paying forward - serving the community is a key value of mine. I have been an activist, a volunteer, a vestry member, an elected township trustee, a community leader throughout my life.”

- MJH

Commenting on the transition from one form of government to the other Cobb explained, “I believe the transition has gone better than I expected. The Administration has made quality hires; our budget is in excellent shape; and, efforts are continuing to improve City Services and responsiveness to resident complaints.” And Hart mostly agrees with one caveat, “I certainly expected there to be difficulties in the transition period. I think all in all, the government is transitioning pretty well. The city is staffing up, finances are strong, economic development is moving forward, the mayor is implementing his Mayor’s Action Center. The council is generally together on legislation. The part of the transition that is still a bit rough has been different personal views on council regarding

what the new form of government is and which powers lie in which role.”

“I hope to have contributed to making the City a better place for all of us to live and work than when I first started.”

-CC

According to Cobb, “The greatest challenge is managing ourselves internally and improving the residents’ perception of how we function as a public body. Determining Council’s role in this new form of government remains a challenge and a matter of debate among the current Council members. Personally, I don’t like to use the characterization ‘strong mayor-strong council’ because I think the term has become divisive, and to me suggests the potential for a power struggle over who is in charge of City government. I think that has been settled with the election of a mayor who serves as the chief executive over the City’s operations. We have one person that can now be held directly accountable by the voters if they are unhappy with the performance of their chief executive.”

One of the benefits of having such an outspoken City Council is the lively debate that can sometimes occur during public meetings. While debating the important issues is part of the job, it takes wisdom to discern whether the cost (time, energy, public perception) is worth it to the city as a whole. Calling for “decorum and calm debate”, Hart emphasizes developing enough trust amongst council colleagues. “Internal strife is a key challenge and should not be what the public sees of its council. If everything is a fight there is absolutely no way to move forward. In order to see progress we need to let go and recognize not every difference of opinion is worthy of public debate.”

Cobb has a slightly different take, “I would agree that meetings do at times get contentious. This



happens because we are all passionate, and occasionally decorum breaks down. However, that is not unique to this body. I sit next to Tony Cuda and I think it is fair to say that we have 180° views on the role of Council in this new form of government. However, we have never let our disagreements get in the way of sharing a beer socially.” Cobb also points out, “this is obviously the most racially diverse and I believe gender diverse Council that we have had in Cleveland Heights. Everyone comes from a different background with vastly different life experiences and I believe this ensures all viewpoints are discussed and considered before we take any action. Interestingly, when I was first on Council in 2019 four of us were attorneys. While in one way that was helpful, that probably made us very risk averse as well.”

Where Council appears to be in lock-step is on the big stuff, Hart outlines a need for marked improvement in the condition of housing and ensuring the amenities that residents enjoy are here to stay. “Bad investors are driving rents up and housing quality down. Out of town and out of country investors are buying up our residential properties and making them

rentals. Often they do not take care of the properties which hurts the neighborhoods around them. It also means that people who want to buy here to live here are having difficulty finding houses. We need to research what other cities are doing and develop legislation to address the issue of poorly cared for properties by absent landlords.”

In the end it comes down to proving one knows how to legislate and create programs that matter to residents. Hart explains, “I welcome good legislative ideas, I am always willing to assist Council when the goal is clearly a legislative goal. I am especially proud of working with the Court, the city prosecutor, housing department and Home Repair Resource Center to put in place a diversion program on housing violations, which allows homeowners to work outside the court system with HRRC to get assistance if needed and complete their repairs. That is the kind of work I want to continue. If discussing a topic or concern doesn’t make Cleveland Heights better, then I’d rather move on to something that really matters.” As for Cobb, he intends to “continue to provide thoughtful leadership and keep the public educated about the accomplishments that Council and the Mayor have achieved working together.”

Maps

They Don't Love You Like I Love You

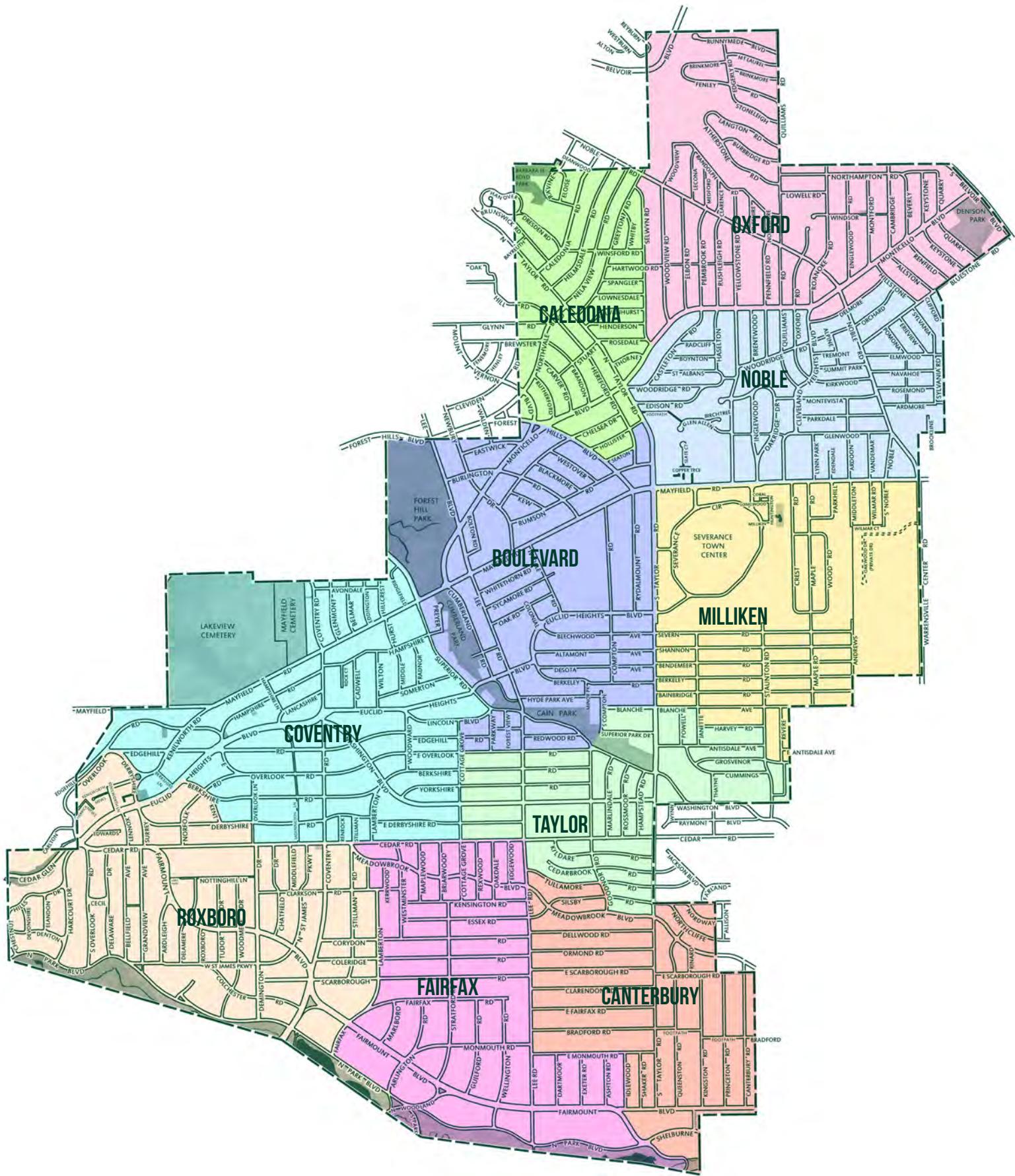
We are 10 neighborhoods with unique identities and unique challenges. Lines on maps may distinguish us, but they don't have to divide us.

Representation: Your eight elected representatives live in half of the city's neighborhoods. Here in Cleveland Heights each City Council member and the mayor serve at-large, meaning each one of them represents you no matter your ZIP code.

Councilwoman Davida Russell & Councilman Tony Cuda: Oxford
Council President Melody Joy Hart: Fairfax
Council Vice President Craig Cobb: Coventry
Councilman Anthony Mattox Jr. & Mayor Seren: Roxboro
Councilwoman Janine Boyd & Councilor Gail Larsen: Noble

A bit of education: Cleveland Heights neighborhoods are named for the 10 historic public elementary schools located within our borders. Each schoolhouse anchored a community. We are proud of our shared history which includes intentional integration, access to quality education, and celebrating cultural differences.

We think it's important for proud Cleveland Heights residents to also be Neighborhood Proud. Think about what you love about your neighborhood, and how you can work with your neighbors and the City to make it even better. We invite you to study the map and locate the place you call home (you may be quizzed later).



In Review



Earlier this month, Mayor Seren attended the US Conference of Mayors to learn from mayors across the country about innovative ways to improve Cleveland Heights.

Our city has taken the first important steps of the proverbial 1,000-mile journey. In the last eighteen months, Cleveland Heights has not magically transformed into a perfect city with a perfectly run government. The problems we face in this new era were not created overnight and they will not be solved overnight. Many of the opportunities for growth and improvement we have in front of us will take some time to realize; but we have made remarkable progress in this short time.

Cleveland Heights is a place of contradictions - a bedroom community with eleven distinct business districts; a

home to many wealthy, highly educated people where over 23% of the children live in poverty; a small, suburban city with many issues usually associated with larger, urban areas. A city such as ours is not served well by simple, one-size-fits-all solutions; but instead requires a dynamic combination of extensive, thoughtful consideration and bold action. The first year and a half under our new form of government has been marked by that shifting interplay of planning and execution. We continue to learn about the capacity of our fledgling government, and what we can do to build on our strengths to improve quality of life throughout Cleveland

Heights in the short- and long-term.

Many of the changes we have implemented may never be directly experienced by residents - foundational changes in how the government operates like the addition of central purchasing rules through our Department of Finance to cut costs and increase accountability. The consolidation of Planning, Development, and Building and Inspectional Services breaks down silos and increases coordination internally. Other changes are specifically resident-focused with a new emphasis on community engagement like our American Rescue Plan community input sessions in 2022 or the community celebrations for Black History Month, Pride Month, and Juneteenth this year.

I would like to share some highlights and give residents a heads up on what's next as the second quarter of 2023 comes to a close. This is by no means an exhaustive list; I encourage you to stay informed and ask questions about your city government.

I created a Bureau of Professional Standards to bring an evidence-based approach to accountability in policing. To lead this new bureau I appointed Cleveland Heights' first Black police captain, a resident and 28-year veteran of our police force. In my role as the Director of the Department of Public Safety, working with newly promoted Captain Williams and Police Chief Britton, I am designing and implementing reforms to better serve our officers and the community. On the horizon are administrative policy changes that more intentionally include trans residents and visitors in our anti-bias policing policy. Under development are new complaint reporting policies and a disciplinary matrix that will standardize administrative responses to policy violations. We are also discussing ways to engage even more closely with our residents through the establishment of a Community Police Review Board.

Our police force does phenomenal work; but in this modern context it is my duty to ensure that the systems we've put in place provide adequate support to meet the new and exacting expectations we place on our first responders. In that connection we are making an over one-million-dollar investment in a city-wide camera network. My administration was able to secure \$500,000 in funding through Cuyahoga County to achieve this next step in public safety. In addition, there is a need for new police vehicles and for the first time in our history we chose the hybrid version of the Ford Interceptor which will help our officers maintain computer systems while on duty without idling gas-powered engines.


The Department of Public Safety comprises the divisions of police and fire. In recent years our city has made great strides in modernizing policing and I am proud to continue and expand on that work. We are joining the City of Shaker Heights in the co-responder model. Under this model social workers respond alongside police to more holistically address complicated mental health and social welfare calls that come into the division.



Our Fire/EMS Division has different challenges, specific to how firefighters live and work. The fire stations become a home away from home, highlighting my responsibility to provide a healthy and safe working environment. To that end, the administration is using NOPEC grant funding to repair the inefficient, leaking roofs of our fire stations, and working to determine how to source new turn-out gear that does not contain chemicals that have been shown to dramatically increase the risk of cancer for firefighters.



Working with and through my consolidated Planning and Development department, we completed the financial negotiation and are now celebrating breaking ground on The Marquee at Cedar Lee Meadowbrook (CLM). Building on our success with CLM we have been able to attract a development partner to perform a vital historic rehabilitation of the Taylor Tudor

buildings, creating the opportunity to revitalize the entire Taylor Rd. business district.

I re-established the City's Community Improvement Corporation (CIC) in order to assist in residential and commercial development in the city. The CIC had historically been used as a simple property pass through. Today, we are re-envisioning the CIC as a true partner organization that can take an active role in rebuilding our neighborhoods. Cleveland Heights has attempted development partnerships in the past with varying levels of success. An initiative of this new administration is to review every existing partnership to determine whether those agreements are value-added for the people of Cleveland Heights.

There are additional projects in early stages. I am very excited to eventually be able to share more information and announce new partnerships that will

continue the momentum we have seen over the last year and a half.

We are staffing up in Planning, Economic and Community Development, and the Building and Inspectional Services Divisions; the consolidated department is set to receive the first six vehicles in our new electrified fleet to perform necessary work in the field.

budgets. We have also provided more in-depth monthly and quarterly budget reporting to Council, including making my quarterly budget reports available to the public online.

I have developed consulting relationships with Guidehouse for ARPA expenditures, and Millennium Strategies for grant writing and compliance. These relationships and the expertise they bring to bear on behalf of the people of Cleveland Heights give us an advantage in attracting new sources of revenue that will provide benefits to our city for years to come.

In early 2022, I decided to pull back on communications contracts in order to begin rebuilding the City's in-house community and public relations capacity. With the appointment of our new Communications Director, the City News program has been expanded from a bi-weekly to a weekly release of information to the public. Upcoming meetings of the Council and its committees have been added to the City News to keep the people in the loop on Council's activities. We have successfully increased visibility with local and national news outlets to add more avenues for communication with the public and to raise the profile of our city. And if you are reading this you are well aware that we have re-launched and re-imagined FOCUS magazine as a resource and a window into Cleveland Heights for Cleveland Heights.

We didn't begin this administration under normal circumstances. My term began in the middle of a pandemic; many of the recreational and social programs offered by the City had been shut down or severely curtailed. A great deal of our initial work was to bring Cleveland Heights back to some semblance of normalcy. With health and safety as our primary priority, we gradually reopened facilities and restarted programs that we all missed during the shut-down.

I orchestrated a robust budget discussion with your City Council. Hearings of this kind have been uncommon in our city until now. It is important to me that the City Council be as informed as possible before making decisions on my proposed

In addition to pandemic-related challenges, on the cusp of the 2022 pool season I was apprised of massive structural issues underneath Cumberland Pool that had not been addressed in previous years. As a result, water was seeping into the ground to the tune of \$40,000 in 2021. Instead of denying access to the amenity, essentially punishing residents, I committed to covering the

additional cost of staying open and making additional repairs to allow the 2022 and 2023 pool seasons to proceed uninterrupted. Repairs and upkeep of this historic amenity has been prioritized because I know how important it is to preserve a fixture that has served generations of Cleveland Heights families.

After an acute catastrophic failure of the North Ice Rink at the beginning of this year, short-term repairs were completed to close out the ice season. The event revealed deeper undiagnosed issues with both the North and South rinks. We took action and an extensive renovation of the North rink commenced in May. In this instance there is unfortunately no way to completely eliminate disruption to the upcoming ice season; but due to our aggressive work in securing a contractor we have minimized that disruption as construction is expected to be complete in mid-October.

Already in the pipeline, a new playground was installed at Denison Park in 2022. Additional improvements were funded and construction of the Denison Park Splash Pad will commence this summer. This new amenity will be ready to enjoy in 2024. As for this year, residents can enjoy an extended Cain Park performance season all the way into September.

And finally, in addition to budgeting \$50,000 of local funding, we applied for and received a competitive CDSG grant from the County to complete a comprehensive bench replacement project in our parks and throughout

our city. This is only the second time Cleveland Heights has received this competitive grant, the first time being 2022. It is the policy of my administration to assertively seek outside funding to augment local tax dollars.



The Public Works Department completed the implementation of automated solid waste and recycling collection in 2022. The City delivered over 30,000 refuse and recycling carts in addition to purchasing new trucks and tractor trailers. Solid waste sent to the landfill went down by 30% and recycling increased by 42% when comparing 2021 to 2022. Recycling increased 70% in the last quarter of 2022 compared to the last quarter of 2021.

There are comprehensive changes coming to our on-line e-bill payment system in July. The new system features historical data and allows customers to view, print, and pay their bills online.

In the last 18 months, Cleveland Heights has been awarded over \$2.4 million in NEORSD grants for infrastructure projects throughout the city. One of the major construction and design projects slated for this year is the Cedar Glen Parkway Sanitary Sewer Project.

Road projects this year include the Coventry Road Paving project, Warrensville Center Road project, Lee Road, East Overlook water main replacement and resurfacing, Monticello Signalization project and installation of an ADA ramp and stairs at the Cedar Lee Mini Park.

All consent decree requirements have been met to date. The city will continue to work with the U.S. EPA and DOJ until the process is completed. The Public Works Department, using a combination of ARPA and other grant funding to address deficiencies in the sanitary sewer infrastructure, continues to monitor and perform preventative maintenance of the system.

All of this work and more occurred while successfully negotiating a collective bargaining contract with Laborers Local 860 resulting in a win-win for our workers and the City.

Last year, I introduced and Council passed legislation creating a paid parental leave program. Our city had outdated, gendered policies that excluded non-birth parents. Another piece of legislation banning conversion therapy within city limits passed unanimously. I also successfully sought to add a policy of non-discrimination for all City contractors including disadvantaged groups that are not protected under Ohio law.

We have installed air quality monitors throughout the city; this is one way for us to understand the impact of localized pollution and human activity on our immediate environment and the negative impact on our health. But sustainability is not just about slowing and stopping the harm to our natural environment, it's also about restoring our natural environment. The Arbor Day Foundation awarded Cleveland Heights their Growth Award for the very first time for our work in 2022 and designated us a Tree City USA for the 45th year in a row. We budgeted for a Climate Action Plan consultant in our 2023 budget and we are currently reviewing proposals. Finally, I am looking forward to bringing on our very first Sustainability Coordinator in the third quarter of this year.

I am encouraged by these developments, I look forward to sharing our progress as we continue on this journey together.

- Mayor Seren


Sustainability initiatives don't always fit squarely in a single department despite being intertwined with each. Since I took office, we have converted to all renewable sources of electricity for municipal functions. We are designing and building out infrastructure for electric vehicle charging stations at City Hall and applying for assistance from NOACA for additional EV chargers at City Hall and the Lee Road Library Branch.

RECYCLING 'THE RIGHT WAY'

RECYCLING HAS SEEN ITS SHARE OF CHANGES IN THE PAST FEW YEARS. LATELY, HOWEVER, RECYCLING HAS FOUND ITS FOOTING. A HEALTHY RECYCLING MARKET AND HIGH PARTICIPATION RATES FROM RESIDENTS HAVE TURNED RECYCLING FROM A COST TO A FINANCIAL NET POSITIVE FOR CLEVELAND HEIGHTS.

MUCH OF THE CREDIT FOR THIS GOES TO RESIDENTS WHO 'RECYCLE RIGHT.' RECYCLING THE RIGHT WAY SIMPLY MEANS:

- RINSING OUT AND AIR-DRYING BOTTLES, CANS, CARTONS, AND CUPS
- PLACING THEM LOOSELY (UNBAGGED) IN YOUR BLUE RECYCLING CART
- KEEPING NON-RECYCLABLES OUT OF YOUR BLUE CART
- WAITING UNTIL YOUR BLUE CART IS FULL BEFORE PLACING IT AT THE CURB FOR PICK-UP

THE BETTER WE ARE AT KEEPING PLASTIC BAGS AND NON-RECYCLABLES OUT OF OUR BLUE CARTS, THE MORE VALUABLE OUR RECYCLING BECOMES. AND WAITING UNTIL YOUR RECYCLING CART IS FULL MEANS FEWER AND SHORTER STOPS FOR CITY TRUCKS, WHICH LOWERS FUEL COSTS. BY RECYCLING RIGHT, WE'LL CONTINUE TO TURN TRASH INTO TREASURE.

CATEGORICALLY SIMPLE.

PLASTIC

- JUGS
- BOTTLES
- YOGURT CUPS
- PLASTIC TUBS (SUCH AS THOSE FOR COTTAGE CHEESE, MARGARINE, AND SOUR CREAM)
- BEVERAGE CUPS (NOT SOLO CUPS, BUT CUPS LIKE THOSE FROM FAST FOOD RESTAURANTS. RINSE AND DRY. DISPOSE OF THE LID AND STRAW. OR SKIP THE STRAW ALTOGETHER.)

GLASS BOTTLES JARS

BENEFITS OF RECYCLING

WE REDUCE SOLID WASTE SENT TO LANDFILLS. (PLASTIC LASTS 1,000 YEARS IN A LANDFILL)

WE ADVANCE A CIRCULAR ECONOMY (RECYCLING REMAINS A FUNDAMENTAL STRATEGY TO EXTRACT VALUE FROM RESOURCES)

WE REPLACE THE NEED FOR BLUE BAGS (CUYAHOGA COUNTY USES 319 MILLION PLASTIC BAGS ANNUALLY)

WE HAVE A MORE STREAMLINED RECYCLING PROGRAM. (AUTOMATED RECYCLING TRUCKS REDUCE TIME, INJURY, AND FUEL USE.)

SPOTLIGHT ON BULK PICK UP

SOMETIMES AN ITEM FOR GARBAGE PICK-UP IS TOO LARGE TO FIT INTO A CITY-ISSUED GREEN REFUSE CART. THE CITY HAS A PLAN FOR THAT. THE CITY PICKS UP BULK ITEMS FROM SINGLE-FAMILY RESIDENTIAL ADDRESSES ON YOUR REGULAR TRASH DAY DURING THE FIRST FULL WEEK OF EACH MONTH. YOU CAN PLACE UP TO FOUR (4) BULK ITEMS AT THE CURB WITH YOUR TRASH, AND THE CITY WILL PICK THEM UP FOR NO EXTRA CHARGE.

IF YOU HAVE BULK ITEMS THAT YOU WOULD LIKE THE CITY TO PICK UP OUTSIDE OF THE REGULARLY SCHEDULED BULK-ITEM DAY OR HAVE MORE THAN FOUR ITEMS YOU NEED TO HAVE PICKED UP, YOU MAY ORDER A SPECIAL BULK PICK UP, OF UP TO 10 ITEMS, FOR A FEE OF \$10 PER ITEM.

TO ORDER A SPECIAL BULK PICK-UP, LOG ON TO WWW.CLEVELANDHEIGHTS.COM/BULKBRUSHREQUEST



THE IMAGES ON THIS PAGE SHOW WHAT YOU CAN RECYCLE IN CLEVELAND HEIGHTS. TO GET A FULL AND UPDATED LIST OF WHAT CAN BE RECYCLED IN CLEVELAND HEIGHTS SCAN THIS CODE.



CARDBOARD

(INCLUDING PIZZA BOXES THAT ARE CLEANED OUT, GREASE FREE AND FLATTENED)

PAPER

- OFFICE PAPER, NEWSPAPERS, MAGAZINES AND JUNK MAIL
- PAPER CUPS (SUCH AS TO-GO COFFEE CUPS) RINSE AND DRY. (DISPOSE OF THE LID)
- MILK CARTONS (RINSE AND DRY. DISCARD THE CAP, THEN FLATTEN)
- CEREAL BOXES (DISPOSE OF THE PLASTIC BAG INSIDE)

Don't Call It a Call Center!



The Mayor's Action Center (MAC) is about access.

And access you shall have. Much more than a guy with a phone, our very first MAC coordinator is your 'in' for all things City. Relying heavily on the existing tracking capabilities of the service request mobile app, many of the actions initiated by the MAC coordinator are meant to be visible to the public; it's part of the Seren administration's commitment to a standard of unprecedented government access.

The residents of Cleveland Heights deserve consistent, high quality, and efficient municipal services, and a responsive and accessible local government. But our city has endured over a decade of budget and staffing cuts - specifically in Community Services and other positions

throughout city government that acted as a bridge between the people and our municipal departments, leading to a resident experience that doesn't always properly reflect the hard work and great service that Cleveland Heights public employees provide. The MAC is an important step toward rebuilding that bridge, to ensure top notch services and consistent responsiveness from the departments that report to Mayor Seren.

We understand that residents don't have insider knowledge of how City departments are organized, so knowing exactly where to go, who to call, or what area of the website to navigate can be challenging. We are creating a go-to space for information that is organized in an accessible way; a functional and reliable mechanism for complaint resolution that is built around Mayor Seren's experiences serving in a Mayor's Action Center some 20 years ago.

Your MAC is in version 1.0 and as we interact with and learn from you we will develop best practices based on data, in fact, even the data will be accessible on the MAC webpage. Until now, you've never had a contact more excited to hear the "bad news", so please tell them everything, but also be nice? They're YOUR insider after all. Call the MAC at 216-291-2323, email MAC@clevelandheights.gov.

Get Your City News

Stay up to date with the latest news from your Cleveland Heights City Government.





Reconstruction Underway: Ice Rink shut down until Fall

The much needed repairs of the Olympic-sized North Rink at the Cleveland Heights Community Center began this spring and are now in full swing. By fall, the North Rink should be returned to 'like-new' conditions which means a new rink floor, new steel-reinforced sideboards, and new Plexiglas spectator shielding. The City of Cleveland Heights will regularly publish updates as the reconstruction of the North Rink continues.

An entirely new floor is in order because, over time, the pipes carrying the chilling solution that cools the floor and freezes the ice have begun to leak. While leaks aren't visible on the surface, skaters know they are there because they cause the ice to form unevenly, with soft spots forming over each leak. Since the leaking pipes are buried in concrete, they can't be reached for repair; replacing the hidden layers under the ice surface is the only option.

An ice rink is a bit like a giant, oval-shaped layer cake. Its base is made of sand, followed by the unexpected – a heated layer, nestled in a bed of decomposed granite. The heated layer keeps any water under the rink from freezing, pushing upward, and deforming the rink floor. Vapor barriers and insulation separate the heated layer from the next, a cooled layer—several thousand linear feet of piping that carry the chilling element are buried in concrete. To ensure the ice surface is smooth, the concrete for the cooled floor has to be perfectly even across the entire rink before being painted red, white, and blue and coated with the final layer of ice.

Early steps: Reconstruction of the North Rink—which is being funded with federal dollars Cleveland Heights received through the American Rescue Plan Act (ARPA)—began with removing its current sideboards and saving them for reuse on the South Rink. Construction crews have begun cutting the North Rink's existing floor into four-by-four-foot slabs and transporting them off-site so they can be deconstructed. A crew separates materials —pipes, insulation, rebar, and concrete so the concrete can be recycled. The sand from the heated floor will be reused, and the layers rebuilt with a modern, updated piping system. And finally, new sideboards and shielding will be installed once the floor is complete. A separate but related issue is the fate of the South Rink and Mayor Seren wants to hear from you. A series of public education and engagement sessions on the topic will begin this summer.

BLACK-OWNED BUSINESSES in CLEVELAND HEIGHTS

Black-owned businesses in America can face many challenges that white-owned businesses don't. We have not overcome the legacies of systemic, legally enforced racism. The racial wealth gap continues, and we still see strong disparities in the cost of and access to capital needed to make businesses successful. Our responsibility, in the interest of a more equitable society, is to lift up and amplify businesses that face these types of challenges in order to counteract the harm done. With that in mind, we are creating a Black-owned Business Directory to lift these enterprises up for your consideration.

This is not an exhaustive list, so if you don't see your favorite Black-owned business here, let us know.



ARCHITECTURE



CALVIN SINGLETON & ASSOCIATES
216.321.9953
13426 CEDAR RD

ART



JEROME T WHITE ART IMAGES
216.570.7617
1446 WESTOVER RD

BAKERY



SHONNIE'S BAKERY
216.202.1412
1774 LEE RD



SWEET SIREN BAKERY
216.353.7678
2180 S TAYLOR RD



THE SWEET FIX BAKERY
216.371.9866
2307 LEE RD

BARBERSHOP



AUTHENTIX BARBER SHOP & SALON
216.297.0219
3952 MAYFIELD RD



CATCHIN' FADES
216.413.6564
2167 LEE RD



CLEVELAND BARBER STUDIO
216.471.8000
2167 LEE RD



CUSTOM CUTS BARBER SHOP
216.382.6696
2554 NOBLE RD



NEW CHAMPIONS BARBERSHOP
216.563.1776
2064 S TAYLOR RD

BEAUTY/HEALTH



EXCEL BARBERSHOP
216.417.3804
2575 NOBLE RD



THE LOCKER ROOM BARBERSHOP
216.532.3335
2160 S TAYLOR RD



SACRED WOMB WELLNESS SPA
216.682.7997
2887 MAYFIELD RD



EXECUTIVE IMAGE BARBER SHOP
216.320.9544
1847 S TAYLOR RD



TODAY'S CUT & STYLE
216.371.1962
2172 S TAYLOR RD

BEAUTY SALON



FREE STYLE BARBER
216.382.6742
2845 NOBLE RD



UNIQUE KUTS & STYLEZ
216.376.6600
1431 NOBLE RD



CHANGING FACES HAIR & NAIL DESIGNS
216.321.5900
2162 S TAYLOR RD



HEIGHTS UPTOWN BARBER
216.932.9663
2244 LEE RD

BARTENDING



KUT & GROOM BARBERSHOP
216.584.8511
1912 S TAYLOR RD



MIXOLOGY INCORPORATED
216.856.1901
1647 LEE RD



FILEZ N STYLEZ
216.860.0104
2550 NOBLE RD



FAME SALON
216.302.1411
3946 MAYFIELD RD.



FLAWLESS & FIERCE HAIR BOUTIQUE
216.761.1630
1429 WARRENSVILLE CENTER RD



HALO CROWNING GLORY
216.372.3330
3200 SILSBY RD



RUMOR SALON
216.450.4191
2124 LEE RD



FOXY NAILS
216.381.1944
3482 MAYFIELD RD



NO LABEL SALON
216.273.7336
3944 MAYFIELD RD



SERENITY STYLING SALON
216.297.9504
2845 NOBLE RD



HAIR CAFÉ
216.291.0799
3964 MAYFIELD RD



PEERLESS HAIR SALON
216.932.4411
1843 S TAYLOR RD



SUNNI & CO SALON
216.938.7763
2122 S TAYLOR RD



HAIR MELODIES SALON
440.850.8549
2185 NOBLE RD



POLISH ME PRETTY SALON
216.938.8412
3964 MAYFIELD RD



THE BE SPA
216.352.94262940
NOBLE RD H2

CONVENIENCE STORE



NOBLE FOOD DEAL
216.691.1101
2230 NOBLE RD



ULLABY INFANT CLUB
216.373.3622
2841 NOBLE RD

FASHION - WOMEN'S



BLANC BOUTIQUE CLEVELAND
216.321.1444
3104 MAYFIELD RD



TIA'S TOUCH BOUTIQUE
216.785.9301
2566 NOBLE RD

EDUCATION/CHILDCARE



A BETTER DAY ACADEMY
216.205.4393
3128 MAYFIELD RD



JEAN TAYLOR SCHOOL
216.862.9220
3216 SILSBY RD

EVENT VENUE



TALK OF THE TOWN COUSINS LOFT
216.673.6631
2556 NOBLE RD



FASHION/ALTERATIONS
JASMINE RENEE STUDIO
216.778.0067
3982 MAYFIELD RD



FROZEN TREATS



HEIGHTS TROPICAL SNO
216.424.4133
1021 PEMBROOK RD

INSURANCE



ANITA TYLER - STATE FARM
INSURANCE
216.371.5900
2168 S TAYLOR RD

LAPIDARY - JEWELRY



THE ENKU CONNECTION LAPIDARY
216.534.4985
12429 CEDAR RD #19

FURNITURE



FRANKIE'S FURNITURE AND HOME DECOR
216.272.2003
2250 LEE RD



FRANKLIN MYLES - STATE FARM
INSURANCE
216.291.9892
3970 MAYFIELD RD

PHYSICAL FITNESS



216 MUSCLE
216.973.2391
2490 LEE RD #317

HEALTHCARE



XCEL HEALTHCARE PROVIDERS
216.426.9996
1991 LEE RD



WASHINGTON & CO INSURANCE
216.691.9227
2565 NOBLE RD



D.D.T. TRAIN
WITH DERRICK DOWDELL
440.637.5793
1635 LEE RD



VOLTAGE TRAINING & FITNESS
216.321.1119
1635 LEE RD

RELOCATION SERVICES



CREATIVE MOVES
SENIOR MOVE MANAGEMENT
216.925.2393
3 SEVERANCE CIRCLE

RESTAURANT/LOUNGE



BOOKERS LOUNGE
216.860.0000
13179 CEDAR RD



CORNERSTONE LOUNGE
216.860.1501
1918 LEE RD



FRESH & MEATY BURGERS
216.371.4400
13187 CEDAR RD



HAUNTED HOUSE RESTAURANT
216.862.5584
13463 CEDAR RD



KULTURE ULTRA LOUNGE
216.862.1012
3962 MAYFIELD RD



LEE'S SEAFOOD BOIL
216.459.7777
2201 LEE RD



MERAKI LOUNGE
216.487.2195
2195 LEE RD



MONICA'S CARRY OUT
216.972.5111
2569 NOBLE RD



NETWORKZ RESTAURANT & LOUNGE
216.675.3733
3560 MAYFIELD RD



NIGHT CAPZ SPORT BAR
216.230.2701
1622 LEE RD



RUDY'S PUB
216.563.1170
2191 LEE RD



SUB CITY
216.862.8862
2142 LEE RD



WING WAY
216.400.6056
1433 NOBLE RD



ZOMA
216.465.3239
2240 LEE RD

SPIRITUAL/EDUCATION



FAITHFUL ACTIVITY LLC
216.259.2254
945 RUSHLEIGH RD

TATTOO STUDIO



FOCUSED TATTOOS
216.938.6074
1799 COVENTRY RD



IMPACT INK TATTOO
216.322.2416
3976 MAYFIELD RD

VARIETY STORE



DOLLAR DAZE
216.213.9173
3584 MAYFIELD RD

WILDLIFE REMOVAL



D & R ANIMAL TRAPPING
440.781.4406
DAQUAN RUSTIN

**YOUR
BUSINESS
HERE**

OWN A BUSINESS IN CLEVELAND HEIGHTS?
SCAN THE QR AND COMPLETE THE FORM TO BE ADDED TO THE
CH BUSINESS DIRECTORY.



Senior Activity Center

Becoming a Member in 2023 is free and easy!

The Cleveland Heights Senior Activity Center opened in 2002 and is located within the Cleveland Heights Community Center. The Senior Activity Center is open Monday-Friday from 9:00 am to 4:00 pm. Senior activities include arts and crafts, dance, book discussions, card games, lectures, and more. Wellness programs, including Accessible Yoga, Strength Training, Tai Chi, and Workouts w/ Ms. Duck, are among the Senior Activity Center's most popular classes. The Center also plans bus trips to entertainment, food, and shopping destinations.

Membership Information

Senior Activity Center membership is limited to Cleveland Heights residents and non-residents residing in University Heights aged 60 or older with a current Senior ID. IDs may be obtained at the Community Center front desk at no cost through 2023. Proof of residency is required.

Transportation to and from the Senior Activity Center is available for Cleveland Heights senior residents (pick-up and returns must be scheduled in advance).

Call 216-691-7377 for more information.



FREE PROGRAMS

Book Discussion

Read preselected books and discuss them at the Senior Activity Center in a group setting.

Day: First Thursday of the month

Time: 11:00 am

Genealogy Group

Meet with other genealogy enthusiasts to learn, share information, and have fun.

Day: Second Wednesday of the month

Time: 2:00 pm

:Hablemanos!

A Spanish conversation group that meets weekly to help participants better listen, speak, and understand the language. Must be able to speak fluently.

Day: Thursdays

Time: 3:00 pm

Matinee Movie

Every month, join your Senior Center friends for a current movie on the Center's big screen.

Bring a snack, sit back, relax, and enjoy the show!

Day: Last Friday of each month

Time: 1:00 pm

Meditation and Relaxation

This class provides a gentle workout with weights, bands, balls, and more. Participate at your level, either standing or seated. Limited to 20 participants.

Day: Mondays

Time: 11:00 am

Meet Greet and Eat

Share lunch with old friends and meet new ones at an area restaurant. Advance registration is required.

Day: Third Thursday of each month

Time: 11:30 am

Cost: Participants are responsible for the cost of their meals.

Parkinson's Support Group

This group is for Parkinson's patients and their families to help them cope with the disease and share information and research findings.

Day: First Wednesday of each month

Time: 2:15 pm

Senior Walking

Seniors who do not have a fitness center pass can walk the track. A current Senior ID is required and should be scanned at the Senior Activity Center desk.

Day: Mondays, Wednesdays, Fridays

Time: 11:00 am–1:00 pm

Tai Chi + Qigong

A series of slow-moving exercises performed slowly to heighten individual awareness coupled with meditation to promote good health. This gentle form of exercise can also improve balance and coordination. Limited to 12.

Day: Tuesdays & Thursdays

Time: 10:00 am (South Atrium)

Workout with Ms. Duck

A gentle workout with weights, bansa, balls and more. Participate at your own level, standing or seated.

Day: Wednesdays

Time: 12:00 pm

Wii Bowling

A fun, interactive, non-competitive, and healthy game of bowling.

Day: Wednesdays

Time: 1:00 pm

SIX-WEEK PAID PROGRAMS

Accessible Yoga

This style of yoga has been modified for seniors and links movement and breath, creating an opportunity to increase flexibility and balance. Wear comfortable clothing and bring a mat with you. Limited to 20 participants.

Summer 1

Day: Fridays

Dates: June 9–July 14

Time: 11:30 am–12:30 pm

Cost: \$25.00 CH-RES/\$30 NON-RES

Summer 2

Day: Fridays

Dates: July 28–September 1

Time: 11:30 am–12:30 pm

Cost: \$25.00 CH-RES/\$30.00 NON-RES

Drawing

Join our drawing class, where you will work on still-lifes, photographs, and personal objects. Explore composition, color, and mark-making with different media, including charcoal, graphite, pastels, and colored pencils. All levels of proficiency are welcome. Limited to 12 participants.

Day: Thursdays

Time: 1:00–3:00 pm

Cost: \$50 Resident/\$55 Non-Resident

Senior Strength Training

Exercising with weights increases muscle mass and strength while improving balance, bone density, and overall wellness.

Summer 1

Days: Mondays & Wednesdays

Dates: June 26–August 2

Time: 1:00–2:00 pm

Cost: \$40.00 CH-RES/\$45.00 NON-RES

Summer 2

Days: Mondays & Wednesdays

Dates: August 2–September 27

Time: 1:00–2:00 pm

Cost: \$40.00 CH-RES/\$45.00 NON-RES

Fitwalk

Summer 1

Day: Fridays

Dates: June 2–June 30

Time: 10:00–10:45 am

Cost: \$15.00 CH-RES/\$20.00 NON-RES

Summer 2

Day: Fridays

Dates: TBD

Time: 10:00–10:45 am

Cost: \$20.00 CH-RES/\$25.00 NON-RES

THE AARP CLEVELAND HEIGHTS CHAPTER 5018 MEETS MONTHLY AT THE SENIOR ACTIVITY CENTER AND WELCOMES CLEVELAND HEIGHTS RESIDENTS AGE 50+. FOR MORE INFORMATION, PLEASE CONTACT PRESIDENT WANDA OWENS AT AARPCHAPTER5018@GMAIL.COM.

DAY: LAST THURSDAY OF EACH MONTH

TIME: 1:00 PM

COST: AARP CHAPTER DUES—\$5 PAID ANNUALLY.

Quilting

Summer 1

Day: Tuesdays

Dates: June 6–July 18

Time: 1:00–3:00 pm

Cost: \$15.00 CH-RES/\$20.00 NON-RES

Summer 2

Day: Tuesdays

Dates: August 1–September 5

Time: 1:00–3:00 pm

Cost: \$15.00 CH-RES/\$20.00 NON-RES

R&B Line Dance

Summer 1

Day: Thursdays

Dates: June 2–July 7

Time: 1:00–2:00 pm

Cost: \$30.00 CH-RES/\$35.00 NON-RES

Summer 2

Day: Thursdays

Dates: July 21–August 25

Time: 1:00–2:00 pm

Cost: \$30.00 CH-RES/\$35.00 NON-RES

Zumba® Gold

Get ready to dance and have fun in this Zumba class designed for seniors. Inspired by Latin dance and music, Zumba® uses a variety of styles in its routines, including Cumbia, Merengue, Salsa, Reggaeton, and more. Movements are modified to your ability. Limited to 22 participants.

Summer 1

Day: Tuesdays

Dates: June 6–July 18

Time: 11:00 am–12:00 pm

Cost: \$20.00 CH-RES/\$25.00 NON-RES

Summer 2

Day: Tuesdays

Dates: August 1–September 5

Time: 11:00 am–12:00 pm

Cost: \$20.00 CH-RES/\$25.00 NON-RES



OFFICE ON AGING SERVICES

Most services offered by the Office on Aging are available only to Cleveland Heights residents age 60 or older. For more information, please visit our office at 1 Monticello Boulevard, or call (216) 691-7377, Monday-Friday, 9:00 am to 4:00 pm.

- Legal Consultations—By appointment.
- Medicare Counselors—By appointment.
- Van Transportation to errands and medical appointments—Call (216) 691-7194.
- Community / Senior Resource Specialist—Call (216) 691-7342.
- Meals On Wheels—Call (216) 691-7342.
- Benefits—Visit www.benefitscheckup.org or call to set up an appointment.
- Applications—Assistance with local, state, and federal programs, living will declarations, and health care, HEAP, and Homestead Exemption applications.

Help with Household Tasks. Cleveland Heights Office on Aging participates in the CARE (Communities Assisting Residential Elders) program. If you are 60 or older, a homeowner, and are looking for help with household tasks, CARE may be able to assist you. For more information, please call Linda Thurston at (216) 970-0599 or visit careneo.org.

Help with Hardships. Have you suffered a hardship and need a little assistance? The Cuyahoga County Department of Senior and Adult Services (DSAS) can help! For more information, please call (216) 420-6700 or visit dsas.cuyahogacounty.us.

COMMUNITY CENTER

ONE MONTICELLO BOULEVARD 44118 • 216.691.7373

Monday-Friday 6:00am-8:00pm Sat & Sun 9:00am-5:00pm.

Register for classes online at your convenience 24/7. You can register in person for most programs at the Community Center during the hours listed below. Registration is on a first-come, first-served basis. All fees are due at the time of registration. Families with more than one person enrolled in the same general recreation class will be eligible for a family discount.

Coaching Opportunities

Volunteer coaches are needed for youth sports programs such as basketball, baseball, flag football, soccer, softball, T-ball, programs, and special events. Please contact Mike Discenzo at mdiscenzo@clevelandheights.gov to become a volunteer coach or Dee Marsky at dmarsky@clevelandheights.gov for program and special event opportunities.

Disability Policy

The Cleveland Heights Department of Parks and Recreation is sensitive to the needs of the physically challenged and encourages the participation of all individuals. All of our facilities meet ADA requirements.

Athletic Field Reservation

Recreation ID card holders can also reserve baseball/softball and other athletic fields for a fee. The Department of Parks and Recreation limits availability of its athletic fields. Please contact Mike Discenzo at 216-691-7383 to inquire about field availability.

Picnic Shelter Reservations

Picnic Shelters at Cleveland Heights' parks are available for residents to reserve and use from Monday, May 1, through Sunday, October 1, 2023. Shelters are available for general usage, first come, first served, except for authorized reservations. Each shelter contains a specified number of grills and picnic tables. The cost to reserve and use a picnic shelter is \$25, plus a \$50 refundable security deposit.

*Barbara H. Boyd Park
Cumberland Park
Denison Park
Forest Hill Park 1
Forest Hill Park 2A and 2B*

Use of the shelters is subject to City Rules and Regulations, enforceable by the City of Cleveland Heights Parks and Recreation Department and the Cleveland Heights Police Department. Park restrooms are secured at 8:00 pm

THE FIELD HOUSE

ANNUAL PASSES, 30-DAY PASSES, AND DAILY ADMISSION AVAILABLE.

Residents of Cleveland Heights and K-12 students living within the boundaries of the Cleveland Heights-University Heights City School District may use the Field House which includes the Fitness Center, Track, and Gym at the Cleveland Heights Community Center by purchasing a Recreation ID Card for \$5.00 and then either:

1. Pay \$6.00 per day to use the Field House;
2. Purchase an annual Field House/Fitness Center pass good for one year from the date of purchase for unlimited usage of the Field House*; or,
3. Purchase a 30-day unlimited Field House pass.*

**Resident & Non-resident Field House/Fitness Center pass rates apply*

Fitness Center/Track Policy: You must be age 16 or older to use the Fitness Center and Track. Youths 12 to 15 years of age may use the Fitness Center or Track if accompanied by a paying adult/guardian. Fees apply. Youths under the age of 12 are not permitted in the Fitness Center or Track.

Personal Training Services



We offer one free 30-minute personal training demo for new community center members. Ask about our NEW weight loss and wellness programs! Individualized personal training programs are adapted to fit your goals and needs by certified experts. All of our expert trainers design your individual program to make your goals a reality. All fitness levels are welcome, ages 13 and up. One-on-one, couples, and small group training sessions available for 60-minute and 30-minute sessions.

Together with your trainer, you will develop

safe and effective workouts to improve your muscular strength, muscular endurance, cardiovascular endurance, flexibility, and body composition. Our trainers are able to accommodate many physical and cognitive limitations, such as rehabilitation from injuries or surgeries. All of our personal trainers are certified and insured fitness professionals with years of experience. Our facility has a large variety of training equipment, including a private training room with specialized equipment.

Call or text our head of personal training services Tayna Richardson at 216-694-8414 for a quick phone consultation today!

ROOM RENTALS ARE BACK!

The Community Center has several rooms to accommodate your next event, whether big or small. Tables and chairs are available for your specific setup style. Please feel free to visit the Community Center to view any of our indoor facilities. Should you be interested in reserving a room, please contact the front desk at 216-691-7373 and let the Community Center make your event one to remember!

All persons must submit an Indoor Facility Request Form no less than fourteen (14) days before rental (at the Community Center front desk). Payment of 1/2 of the rental fee and the security deposit must be made when the request is submitted. Final payment in full is due no later than the day of the rental before the scheduled event starts (credit card preferred). Failure to make the final payment before the event begins will cause its cancellation.

Activity Room 1A/1B

Maximum Capacity: 50
Cost: \$55.00/hr. CH RES
\$110/hr. Non-RES
Security Deposit: \$110.00

Multi-Purpose Room

Maximum Capacity: 150
Cost: \$150.00/hr. CH RES
\$300/hr. Non-RES
Security Deposit: \$300.00

Small Activity Room 2

Maximum Capacity: 25
Cost: \$25.00/hr. CH RES
\$50/hr. Non-RES

South Field House

Maximum Capacity: 600
Cost: Fee will be based on usage (*)

Long-term rental: \$50–\$70/hr.
Daily rental: \$150–\$250/hr.
Trade show: \$1,000/day
Security Deposit: \$500.00

Activity Room 7 (kitchen available)

Maximum Capacity: 100
Cost: \$110.00/hr. CH RES
\$220/hr. Non-RES
Security Deposit: \$220.00

Gym

Maximum Capacity: Depends on activity
Cost: \$50/hr.

*An additional after-hours staffing fee of \$20/hr. is required and based on facility operational hours.

South Atrium

Maximum Capacity: 50
Cost: \$35.00/hr. CH RES
\$70/hr. Non-RES



THE HISTORIC CUMBERLAND POOL

CELEBRATING 96 YEARS!

1740 CUMBERLAND ROAD • 216.691.7390

Proper swimwear is required to swim at Cumberland Pool. Management may adjust daily operating hours or close the pool due to cold/inclement weather or when the air temperature falls below 65° F.

2023 Regular Season Schedule

Mon, June 5–Mon, September 4

Reduced hours Monday, August 21–Friday, September 1

Monday–Friday

Adult Lap Swim 6:45 am–8:00 pm
Wading Pool 10:00 am–8:00 pm
Open Swim 1:00–5:00 pm
Family Swim 5:00–8:00 pm

Saturday

Adult Lap Swim 9:00 am–6:00 pm
Wading Pool 11:00 am–6:00 pm
Open Swim 11:00 am–6:00 pm

Sunday

Adult Lap Swim 11:00 am–6:00 pm
Wading Pool 1:00–6:00 pm
Open Swim 1:00–6:00 pm

Holiday Schedule

Monday, June 19 12:00–6:00 pm
Tuesday, July 4 12:00–6:00 pm
Saturday, September 2 12:00–6:00 pm
Sunday, September 3 12:00–6:00 pm
Monday, September 4 12:00–6:00 pm

Special Events

All events may be subject to change due to staffing or weather.

Women-Only Swim Nights

Sunday, June 18 6:30–8:00 pm
Sunday, July 2 6:30–8:00 pm
Sunday, July 16 6:30–8:00 pm
Sunday, August 6 6:30–8:00 pm

Men-Only Swim Nights

Sunday, June 25 6:30–8:00 pm
Sunday, July 9 6:30–8:00 pm

Sunday, July 30 6:30–8:00 pm
Sunday, August 13 6:30–8:00 pm

Carnival Night

Friday, July 14 5:00–8:00 pm

Water Show

Saturday, August 5 8:30 pm
Gates open 8:00 pm
Free Admission

General Admissions

Current proof of residency is required to use Cumberland Pool.

Daily Rates

Preschooler FREE with an adult resident
Student (K-12) \$3.00
Adult (18-59) \$4.00
Senior (60+) \$3.00
Guest \$7.00 with an adult resident
Guest Book \$25.00 (book of 5)*

**Purchased by an adult resident*

Season Passes

Current proof of residency is required to purchase resident season passes.

Purchased after June 4

Family	\$135.00 CH RES
	\$172.00 NON RES
Adult (19-59)	\$59.00 CH RES
	\$75.00 NON RES
Senior (60+)	\$49.00 CH RES
	\$75.00 NON RES
Student (K-18)	\$45.00 CH RES
	\$52.00 NON RES

Pool Rentals

Cumberland Pool is available for rental on select Saturday evenings throughout the summer for groups of 75 or more. At least 60% of the members of groups wishing to rent the pool must be Cleveland Heights residents, and an adult Cleveland Heights resident with current proof of residency must sponsor the group. Reservations may be made online and must be made at least two weeks in advance. All pool rentals are tentative and subject to approval.

Rental applications will be available at the Cumberland Pool beginning Saturday, June 5. Full payment is due with the completed application. A group may only rent Cumberland Pool once per season. Refunds will only be granted in the event of inclement weather.

Day: Saturdays

Dates: June 17; June 24, July 8; July 22, August 12

Time: 6:30–8:30 pm

Location: Cumberland Pool

Cost: \$350.00 for two hours

Group Size: 75+





SWIMMING LESSONS

Cumberland Pool American Red Cross certified lifeguards teach the Cumberland Pool learn-to-swim program. The pool staff reserves the right to test the swimming ability of any swimmer to ensure proper skill placement, limit class size, or combine classes when necessary. Participants must register for all group lessons at least one week before each session. No classes on Monday, June 19, or Tuesday, July 4.

Parent/Child Group Lessons

Ages 6-36 months.

Builds basic water safety skills for parents and helps children become more comfortable in the water. Adults are in the water with their children.

Instructor: Cumberland Pool Lifeguards

Day: Monday Evenings

Dates: June 12–July 31

Time: 5:15–5:45 pm

Cost: \$30.00

Class Size: 10

Day: Wednesday Evenings

Dates: June 14–August 2

Time: 5:15–5:45 pm

Cost: \$30.00

Class Size: 10

Youth Evening Swimming Lessons

Evening Session: June 12–August 2

Registration opens May 1

Level 1-Introduction to Water Skills

Ages 5+. Basic water skills, including blowing bubbles, bobbing, front and back glides, and water safety skills are taught.

Instructor: Cumberland Pool Lifeguards

Day & Time: M/W | 5:15-5:45 pm

Day & Time: M/W | 5:50-6:30 pm

Cost: \$30.00

Class Size: 8

Level 2-Fundamental Water Skills

Ages 5+. Children learn to float and swim independently, roll over, change direction while swimming, and begin treading water with a continued emphasis on water safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M/W | 5:15-5:45 pm

Day & Time: M/W | 5:50-6:30 pm

Cost: \$30.00

Class Size: 8

Level 3-Stroke Development

Ages 5+. Children learn front crawl with rotary breathing and elementary backstroke, dolphin & scissors kicks, and diving, with continued work on water safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M/W | 5:15-5:45 pm

Day & Time: M/W | 5:50-6:30 pm

Cost: \$30.00

Class Size: 8

Level 4-Stroke Improvement

Ages 5+. Children learn front and back crawl, elementary backstroke, sidestroke, breaststroke, and

butterfly. Diving and underwater swimming are taught. Treading water and water-safety skills continue.

Instructor: Cumberland Pool Lifeguards

Day & Time: M/W | 6:30-7:00 pm

Cost: \$30.00

Class Size: 8

Level 5-Stroke Refinement

Ages 5+. Children learn shallow angle dives, tuck & pick surface dives, and back flip turns are taught with an emphasis on water safety skills for the swimmer and others.

Instructor: Cumberland Pool Lifeguards

Day & Time: M/W | 6:30-7:00 pm

Cost: \$30.00

Class Size: 8

Level 6-Stroke Proficiency

Ages 5+. Work on stroke refinement to increase endurance, culminating in a 500-yard swim. Focused on preparing swimmers for a life of fitness and safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M/W | 6:30-7:00 pm

Cost: \$30.00

Class Size: 8



SPECIAL PROGRAMS

Water Aerobics

Ages 18+. (Under 18 with permission of instructor) A vigorous 40-minute workout done in the water incorporating cardio along with calisthenics. Participants need to be comfortable in the water.

Instructor: Margaret Hall

Session 1

T/TH Jun 6-Jul 27 | 6:30-7:15pm
Cost: \$59.00
Class Size: 20

Session 2

T/TH Aug 15-Sept 2 | 6:30-7:15pm
Saturdays 10:00-10:45am
Cost: \$59.00
Class Size: 20

Deep Water Aerobics

Age 18+. For experienced swimmers. This program is challenging and intense—an alternative workout for lap swimmers. Participants need their own deep-water belts. Instructor: Joyce Braverman
Day: Saturdays
Date: June 17–August 19
Time: 12:15–1:15pm
Cost: \$39.00
Class Size: 24

Diving Team*

Prerequisite: Must successfully pass the deep-water test.
Instructor: Cumberland Pool Lifeguards

Advanced

M-F Jun 6-Aug 4 | 10:00–10:45am

Beginner

M-F Jun 6-Aug 4 | 11:00–11:45am

Cost: \$55.00 (Includes t-shirt)

Synchronized Swim Team*

Prerequisite: Must successfully pass the deep-water test.
Instructor: Cumberland Pool Lifeguards

Advanced

M-F Jun 6-Aug 4 | 8:00-8:45 am

Beginner

M-F Jun 8-Jul 28 | 9:00-9:45 am

Cost: \$55.00 (Includes t-shirt)

NEW THIS SEASON

Deep-Water Aqua Running

Ages 18+ (under 18 with permission of instructor)
Aqua jogging, also known as deep-water running, is a form of cardiovascular exercise that mimics the motion of jogging while in the water. In this

45-minute class, you will aqua jog by running laps in the 12-foot diving well as you continuously use your arms, hips, and legs. Participants must be comfortable in deep water. Wearing a water belt/floatation device is recommended but not required.

This class provides an impact-free workout. Water is denser than air, so you work harder and burn more calories. The pressure of the water helps your heart pump blood around your body. Participants get to go at their own pace. There is no pressure to "go fast" and put extra stress on your joints.

Instructor: Margaret Hall

Session 1

T/TH Jun 6-Jul 27 | 5:30-6:15pm
Cost: \$59.00
Class Size: 15

Session 2

T/TH Aug 15-Sept 2 | 5:30-6:15pm
Saturdays 11:00-11:45am
Cost: \$59.00
Class Size: 15

**Coaches reserve the right to move or consolidate swimmers and groups.*

***No classes on June 19 & July 4*

URBAN SWIM CLE 2023

Established in 2021, Urban Swim CLE is an independently operated swim lesson program that is led by USA Swimming Coaches and Lake Erie USA Swimmers who are Red Cross Certified Lifeguards and/or CPR/First Aid Certified. We utilize the American Red Cross program as the basis of our curriculum. Our primary goal is to teach life-saving skills first and have fun! Please visit our website to learn more about our staff and programming.



Pre-School Group Lessons - Weekdays

2 week (8-class) sessions specially designed for 4-5 year olds who are starting for the first time or learning simple skills while interacting with their peer group. This class is open for Residents only.

Instructors: Urban Swim CLE

Session 2: June 19-29

Session 3: July 10-20

M/T/W/TH 11-11:30am
or 12-12:30pm

Location: Cumberland Pool

Cost: \$35 Per Session (Resident Only) Grants available, please inquire with US CLE staff.

1:6 Instructor to Student Ratio

Youth, T'ween and Teen Group Lessons - Weekdays

2 week (8-class) sessions specially designed for 6-17 year olds who are interested in learning to swim. All skill levels are available.

Instructors: Urban Swim CLE

Session 2: June 19-29

Session 3: July 10-20

M/T/W/TH 11-11:30am
or 12-12:30pm

Location: Cumberland Pool

Cost: \$50 Per Session RES
\$70 Per Session NON-RES

1:6 Instructor to Student Ratio

Endurance Group Training - Weekdays

2 week (8-class) sessions specially designed for swimmers who have graduated from a Learn-to-Swim program and interested in developing more in-depth stroke skills in preparation for joining a club or scholastic swim team.

Instructors: Urban Swim CLE/
USA Swimming Coaches and
Instructors

Session 2: June 19-29

Session 3: July 10-20

M/T/W/TH 10-11am

Location: Cumberland Pool

Cost: \$50 Per Session RES
\$70 Per Session NON-RES

Class size: Varies

Adult Group Lessons - Weekdays

2 week (8-class) sessions specially designed for 18+ adults who are interested in learning to swim. Little or no experience is welcome.

Instructors: Urban Swim CLE

Session 2: June 19-29

Session 3: July 10-20

M/T/W/TH 10-11am

Location: Cumberland Pool

Cost: \$35 Per Session
Class size: 12

Adult Group Lessons - Saturdays

8-week class specially designed for 18+ adults who are interested in learning to swim. Little or no experience is welcome.

Instructors: Urban Swim CLE

Dates: Beginning Saturday, June 10; no class July 1.

Location: Cumberland Pool

Time: 11-12pm

Cost: \$35

Class size: 12



USTA GROUP TENNIS LESSONS

Preschool Lessons

Ages: 4-6 Level: Beginner
June 5-July 12 M/W 10:00-11:00 am
11:00 am-Noon

June 6-July 13 T/TH 10:00-11:00 am
11:00 am-Noon

Cost: \$35 CH-RES/\$50 NON-RES

Youth Lessons

Ages: 7-17 Level: Beginner
June 5-July 12 M/W 10:00-11:00 am
11:00 am-Noon

June 7-July 13 T/TH 10:00-11:00 am
11:00 am-Noon

June 6-July Tuesdays 6:00-7:30 pm

Ages: 7-17 Level: Intermediate
June 5-July 12 M/W 12:00-1:00 pm

June 6-July 13 T/TH 12:00-1:00 pm

Cost: \$45 CH RES/\$60 NON-RES

Adult Lessons

Ages 18 to 59 Level: Advanced Beginner
June 5 to July 12 M/W 9:00-10:00 am

June 7 to July 12 Wednesday
Time: 7:30-9:00 pm

Ages 18 to 59 Level: Intermediate
June 6 - July 11 Tuesday
Time: 7:30-9:00 pm

Cost: \$60 CH RES/\$80 NON-RES

Senior Lessons

Ages: 60+ Level: Beginner
Days: Tuesday and Thursday

June 6 to July 13 T/TH
Time: 9:10 am

Cost: \$35 CH RES/\$45 NON-RES

Junior Competitive Skills Clinic

This program offers high-level instruction and supervised match play to introduce and develop the skills you need to compete on your school's team or in tournaments.

Ages: 12-18, Middle School and High School
Days: M/W/F or T/TH/F

Dates: June 1-July 10
Time: 1:00-3:00 pm

Cost: \$80.00 CH RES/\$110.00 NON-RES



MARTIAL ARTS



Kuk Sool Won™ (WWSA)

The Traditional Martial Art of Korea. All classes teach Etiquette (Respectful Behavior); Rolling & Acrobatics; Safety Falls; Meditation Practice; Hand/Foot Striking & Blocking; Forms Training (Hyung); and Self Defense Techniques.

Summer Mini-Kids

Ages: 5–6
Days: Monday & Wednesday
Dates: May 15–July 19
Time: 6:00–6:30 pm
Cost: \$51 CH RES
\$58 NON-RES

Summer Youth

Ages: 7–13
Days: Monday & Wednesday
Dates: May 15–July 19
Time: 6:30–7:30 pm
Cost: \$100.00 CH RES
\$105.00 NON-RES

Summer Tai Shin Doh

This program is for adults already in our TSD program and the youth who have achieved a yellow belt or above. Continuation of the Tai Shin Doh curriculum will be taught.

Day: Friday
Dates: July 14–August 18
Time: 6:30–8:00 pm
Cost: \$63.00 CH RES
\$72.00 NON-RES
Location: Room 7

Summer Adult

Days: Monday & Wednesday
Dates: May 15–July 19
Time: 7:30–8:30 pm
Cost: \$100.00 CH RES
\$105.00 NON-RES

CAMPS

Youth Developmental Tennis Camp

Camp activities include drill stations, team play, tournament matches, and individual evaluations. A camp t-shirt will be provided.

Ages: 9-18

Days: Monday-Friday

Dates: July 17-21

Time: 9:00 am-4:00pm

Location: Forest Hill Tennis Courts

Cost: \$150.00 CH RES

\$180.00 NON-RES

(\$25.00 discount for multiple children)

Heights United 2023 Summer Camps

Ages: 6-12

Days: Monday-Friday

Dates: June 5-July 28

Time: 9 am-3pm

Location: Cleveland Heights Community Center

Lead By: Coach Sean Sullivan and Heights United counselors

Cost: Full Camp—all 8 weeks \$1,295

\$144-180 per week; price varies based on days in the week.

Contact: HeightsUnitedSoccer.com

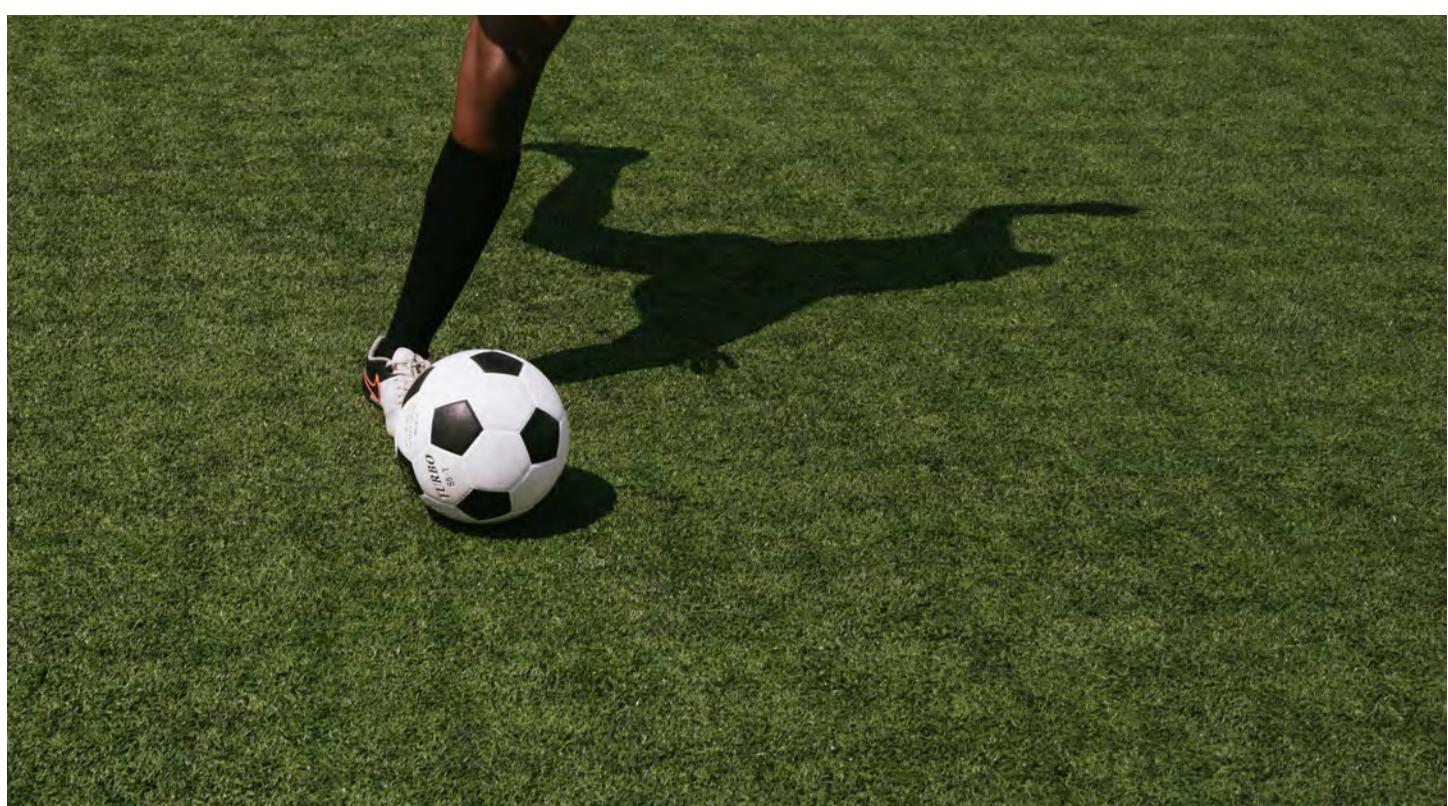
216-849-4505

Heights United has provided engaging summer camps in Cleveland Heights for 29 years and is proud to continue its partnership with the City of Cleveland Heights in 2023. Campers may choose between the Heights United Soccer Academy and the Heights United Day Camp. Both camps include:

Swimming at Cumberland Park (with lifeguards) twice a week. Ice skating in the Community Center once a week (if a rink is open). Access to Forest Hills and Cumberland parks and playgrounds. Access to the Field House and activity rooms inside the air-conditioned Community Center.

Soccer Camp schedule includes training in the morning and tournaments in the afternoon. Soccer campers also will have the opportunity to participate in Day Camp activities.

Before-care (7:30–9:00 am) and after-care (3:00–5:00 pm) are available for an additional charge. Heights United can only accommodate 70 campers per week and some weeks may sell out.





2023 Heights Basketball Academy & D-UP

Basketball Academy Development Camp
The basketball development camps are designed to teach and motivate players to assist them in developing their athletic and academic potential while having fun playing the game of basketball. The program is designed for students in grades 3 through 8. The camp will allow each camper to learn and develop their basketball skills within their age group. Boys and girls who register will receive a T-shirt and basketball. Each participant MUST provide medical insurance. Lunch will be provided daily.

Staff:

Head Instructors, Dushawn Hill & Pathon Swoope

Dates:

Week 1–June 12-16

Week 2–June 19-23

Location: Cleveland Heights Community Center

Cost:

Week 1-\$250.00

Week 2-\$225.00

Both Weeks-\$425.00

Register online at:



LEAGUE PLAY

Days	Level	Time
Mon & Wed	Grades K-1	9:00-11:30 am
Mon & Wed	Grades 2-3	9:00-11:30 am
Mon & Wed	Grades 6-8	12:00-2:30 pm
Tues & Thurs	Grades 4-5	9:00-11:30 am
Tues & Thurs	Grades 4-8	12:00-2:30 pm (Skill Sessions)

2023 Heights Basketball Academy & D-UP

Basketball Academy Youth Basketball League

Dates: June 26 through August 4

Eligibility: Boys and Girls Grades K-8*

Fees (includes program T-shirt):

\$150.00 for League only

\$300.00 for League & Skill Sessions

Register online at:



Registration spots are limited at each grade level, so please register early to secure your child's place.

Late registration will be accepted after June 12, as space allows.

*Eligibility is determined by the child's grade level for the 2022-2023 academic year

For more information, please contact:

Dushawn Hill
dubaker@yahoo.com
216-926-7929

Pathon Swoope
pswoope1@gmail.com
216-407-2903

ADULT FITNESS

Beginning Mat Pilates

Pilates is a series of targeted exercises that strengthen muscles while improving postural alignment and flexibility generated from the core. Wear comfortable clothing and bring your own exercise mat, towel, and water.

Summer 1

Instructor: Pia Alesci

Days: Wednesday

Dates: June 14–July 19

Time: 6:00–7:00 pm

Cost: \$38 CH-RES

\$44 NON-RES

Location: Aerobic Room

Yoga for Any & Everyone

Yoga for all skill levels. This class covers the fundamentals of yoga for beginners, those returning to yoga, or anyone looking for a gentler approach to yoga. There will be an emphasis on the basics of poses, breathing, and relaxation of the mind and body.

Days: Thursday

Dates: June 22–July 27

Time: 6:30–7:30 pm

Cost: \$38 CH-RES

\$44 NON-RES

Location: Aerobic Room

Thursday Morning Pilates

Pilates is a series of targeted exercises that strengthen muscles while improving postural alignment and flexibility generated from the core. Wear comfortable clothing and bring your own exercise mat, towel, and water.

Instructor: Pia Alesci

Days: Thursday

Dates: June 1–July 6

Time: 10:30–11:30 am

Cost: \$38 CH-RES

\$44 NON-RES

Location: Aerobic Room

Nature Walks

Come and explore the natural wonder of Forest Hill Park with a naturalist from the Cleveland Metroparks. This gem of a park, right in our backyard, comprises 235 shared acres between the cities of Cleveland Heights and East Cleveland and is home to some wonderful wildlife. The group meets in front of the Community Center and will hike on natural trails and the paved path. Each hike is roughly 2.5 miles and lasts approximately 90 minutes. The nature walks will take place rain or shine, so proper footwear is recommended.

Dates & Times:

Tuesday, July 25, from 10:00–11:30 am

Sunday, August 20, from 2:00–3:30 pm

Cost: FREE



ADULT FITNESS



Jazzercise

A blend of Dance with Pilates, Yoga, Kickboxing, and Strength Training. The results? Long lean muscles and an instant mood boost. Burn up to 800 calories in this 55-minute class. Try 2 weeks for \$22 and see why our average customer stays 7 years!

Register at the Jazzercise table outside of the class.

Instructor: Mary Beth McCann

Days and Times: Tuesday & Thursday 6:30pm
Saturdays 9:30am

Location: Classes are in the extra-large Multipurpose Room on the 1st floor.

Zumba®

Add a Zumba® class to your weekly routine! Inspired by Latin dance and music, Zumba® uses a variety of styles in its routines, including Cumbia, Merengue, Salsa, Reggaeton, Mambo, Rumba, Flamenco, and Hip Hop. Music selection includes fast and slow rhythms to help tone and sculpt the body. You'll see why Zumba® Fitness classes are often called exercise in disguise. Wear comfortable workout clothes and shoes that you can move in; bring water and a towel because you will sweat!

Summer 1

Instructor by: Gigi Roney

Day: Friday

Dates: June 2–July 7

Time: 6:00–6:45 pm

Cost: \$35.00 CH-RES

\$40 NON-RES

Location: Aerobic Room

Recreational Outdoor Pickleball

Outdoor Pickleball is played at Denison Park, which has six lined Pickleball courts. The courts are open from 9:00 am to 9:00 pm and are lit for evening play.

Days: Monday–Friday

Time: 9:00 am–12:00 pm

Dates: May–September

Location: Denison Park, 1015 Quarry Road, Cleveland Heights, Ohio 44121

Cost: FREE

Free Yoga in the Park Summer Series

with Stephanie

Every Sunday @ 10:30 AM

Community Center North Lawn

Call 216.307.6466 for info.



FREE YOGA IN THE PARK

COMMUNITY CENTER NORTH LAWN
EVERY SUNDAY @ 10:30AM



Your Elected Officials

The City of Cleveland Heights

Mayor Kahlil Seren
(216) 291-3737
mayor@clevelandheights.gov

Cleveland Heights City Council

President Melody Joy Hart
(216) 202-4396
mhart@clevelandheights.gov

Vice President Craig Cobb
(216) 630-8934
ccobb@clevelandheights.gov

Janine Boyd
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Tony Cuda
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Gail Larson
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Davida Russell
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drussell@clevelandheights.gov

Cleveland Heights Municipal Court

Judge J.J. Costello
(216) 291-4901
judge@clevelandheights.gov

Cleveland Heights-University Heights Board of Education

Beverly Wright, President
(216) 337-9636
bev_wright@chuh.org

Jodi Sourini, Vice President
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Federal Government

President Joseph R. Biden
Vice President Kamala Harris
(202) 456-1111
www.whitehouse.gov/contact/

United States Congress

Senator Sherrod Brown
(202) 224-2315
(216) 522-7272
www.brown.senate.gov/contact_email

Senator JD Vance
(202) 224-3353
(216) 539-7877
www.vance.senate.gov/contact/

U. S. Representative
Shontell Brown
(202) 225-7032
(216) 522-4900
www.shontelbrown.house.gov

State of Ohio

Governor Mike DeWine
Lt. Governor Jon Husted
(614) 466-3555
www.governor.ohio.gov/contact/contact-us

Attorney General Dave Yost
(800) 282-0515
www.ohioattorneygeneral.gov/
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Auditor of State Keith Faber
(614) 466-4514
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NortheastRegion@ohioauditor.gov

Secretary of State

Frank LaRose

(614) 466-2655

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Treasurer of State

Robert Sprague

(614) 466-2160

constituentaffairs@tos.ohio.gov

Ohio General Assembly

State Senator Kent Smith

(614) 466-4857

www.ohiosenate.gov/members/kent-smith/contact

State Representative

Juanita Brent

(614) 466-1408

www.ohiohouse.gov/members/juanita-o-brent/contact

State School Board Member

Tom Jackson

Thomas.Jackson@education.ohio.gov

Cuyahoga County

Government

Cuyahoga County Executive

Chris Ronayne

(216) 443-7178

www.cuyahogacounty.us/executive

Cuyahoga County Council

District 10

Cheryl Stevens, Vice President

(216) 698-2022

clstephens@cuyahogacounty.us

SUMMER

BY RONALD ALLEN JR.

SUMMER IS YELLOW

IT TASTES LIKE PINEAPPLE

IT SMELLS LIKE FLOWERS

IT SOUNDS LIKE BIRDS

IT FEELS LIKE I AM FREE

IT MAKES ME JOYFUL!



RONALD IS ONE OF THE SELECTED POETS
AT ROXBORO'S 2023 CHILDREN'S INK ASSEMBLY.
HIS POEM "SUMMER" WAS READ
BY MAYOR KAHLIB SEREN AT THE EVENT.



UNITY IN THE COMMUNITY

JUNE

JUNE 17 2023

TEENTH

FREEDOM DAY CELEBRATION

GALLERY



Without looking at page 19 draw the boundaries of neighborhoods you think exist in Cleveland Heights. Snap a picture of your map and upload to our Neighborhood Project page.

