

RESOLUTION NO. 148-2023(CRR),
First Reading

By Councilwoman Russell

A Resolution recognizing September 19, 2023 as *Take a Loved One to the Doctor Day*; and declaring the necessity that this legislation become immediately effective as an emergency measure.

WHEREAS, busy lives and hectic work schedules tend to leave little time to prioritize healthcare, and scheduling routine appointments with a physician often becomes too much of a burden; and

WHEREAS, visiting a doctor regularly is an important aspect of health, and these visits are the ones that make it possible to identify early signs of health issues like cancer, as well as provide an opportunity to assess one's risk of disease; and

WHEREAS, despite this, many Americans decide to forgo routine visits to avoid taking time away from work; in fact, Americans have one of the lowest average numbers of annual doctor visits compared to other developed countries; and

WHEREAS, *Take a Loved One to the Doctor Day* is the perfect excuse to schedule an appointment for oneself or for those they care about, whether someone meets during lunch hour for a quick appointment, or you make a day of the outing, a health check seems like less of a chore with someone along for the ride; and

WHEREAS, this day encourages Americans to begin prioritizing preventative health, and allows for a great opportunity for open communications regarding health between friends and family.

NOW, THEREFORE, BE IT RESOLVED by the Council of the City of Cleveland Heights, Ohio, that:

SECTION 1. This Council hereby proclaims September 19, 2023 *Take a Loved One to the Doctor Day* and encourages all residents to participate.

SECTION 2. Notice of the passage of this Resolution shall be given by publishing the title and abstract of its contents, prepared by the Director of Law, once in one newspaper of general circulation in the City of Cleveland Heights.

SECTION 3. It is necessary that this Resolution become immediately effective as an emergency measure necessary for the preservation of the public peace, health and safety of the inhabitants of the City of Cleveland Heights, such emergency being the need to pass this Resolution on a timely basis. Wherefore, provided it receives the affirmative

